

2022-2023 RECREATIONAL SCHEDULE

		LEVEL 1 OR 1/2 (approx. 6-8) NOVICE CO.	LEVEL 2 OR 2/3 (approx. 8 - 11) INTERMEDIATE CO	LEVEL 3 OR 3/4 (approx. 11-13) INTER/ADV. CO.	LEVEL 3/4 (approx. 13 & Up) ADVANCED CO
TECHNICAL CLASSES-	-TECHNIQUE CLASSES ARE FOR TECHNIQUE/SKILL ONLY OFFERED TO BOTH RECREATIONAL AND COMPETITIVE STUDENTS. THEY DO NOT PERFORM IN OUR DECEMBER OR JUNE PERFORMANCES.				
BALLET TECHNIQUE		Mon. 4:30-5:15 required of Co.	Mon. 4:30-5:45 required of Co.	Mon. 4:30-5:45 required of Co.	Tues. 4:30-6:00 required of Co.
			Thurs. 8:15-8:45 EXTRA OFFERED	Thurs. 6:00-6:45 INVITE REQUIRED	Thurs. 6:00-6:45 required of Co.
Jumps & Turns		Mon. 6:00-6:45 required of Co.	Mon. 6:45-7:45 (inv) required of Co.	Mon. 6:45-7:45 required of Co.	Mon. 6:45-7:45 required of Co.
Stretch AND Stretch/PBT		Tues. 4:45-5:15 required of Co.	Tues. 6:45-7:45 required of Co.	Tues. 6:45-7:45 required of Co.	Tues. 6:45-7:45 required of Co.
Tumbling	Depends on skill level, determined through evaluation	Beginner Tues. 4:45-5:45 Intermediate Tues. 6:45-8:00 Intermediate 2 & Advanced: Wed. 7:00-8:30			
PERFORMANCE CLASSES:	-PERFORMANCE CLASSES ARE LISTED BELOW AND PERFORM IN OUR DECEMBER and JUNE PERFORMANCES.				
Ballet/Lyrical		Tues. 6:00-6:45	Wed. 6:15-7:00	Thurs. 6:45-7:30	Thurs. 6:45-7:30
Contemporary		Wed. 4:45-5:30	Thurs. 6:00-6:45	Wed. 5:30-6:15	Wed. 5:30-6:15
Hip Hop		Mon. 5:15-6:00 (1) Wed. 5:30-6:15 (1/2)	Tues. 7:30-8:15	Mon. 7:30-8:15	Mon. 7:30-8:15
Boyz Hip Hop		Mon. 6:45-7:30	Mon. 6:45-7:30	Mon. 6:45-7:30	Mon. 6:45-7:30
Jazz		Tues. 5:15-6:00	Wed. 7:00-7:45	Thurs. 7:30-8:15	Thurs. 7:30-8:15
Musical Theatre		Thurs. 6:45-7:30	Thurs. 7:30-8:15	Thurs. 4:00-4:45	Thurs. 4:00-4:45
Tap		Thurs. 5:15-6:00	Thurs. 5:15-6:00	Thurs. 4:00-4:45	Thurs. 4:00-4:45
Pointe--Invite ONLY				Tues. 6:00-6:45 INVITE REQUIRED	
	PRE SCHOOL Acro. Ballet, Jazz, Tap (PULL UPS - 3)	COMBO 1 (BEG) Acro. Ballet, Jazz, Tap (Approx. Age 4, 5)	COMBO 2 (INT) Acro. Ballet, Jazz, Tap (Approx. Age 4, 5)	COMBO 3 (ADV) Acro. Ballet, Jazz, Tap (Approx. Age 5,6)	ADULT 21 & UP GENRE CHANGES WEEKLY
	Thurs. 5:00-6:00	Thurs. 6:00-7:15	Wed. 5:30-6:45	Tues. 6:00-7:30	Wed. 7:15-8:00
CLASSES WILL BE ADDED AS NECESSARY --- 5 STUDENTS ARE REQUIRED TO HAVE A CLASS					